

# SUNDAY

# AT THE ABBEY

**6 November 2011, 7:00 p.m.  
Abbey Chapter House**

## **Running with Expanding Heart: Meeting God in Everyday Life.**

Drawing on wisdom that has been slowly ripened in the rhythms of monastic stability, Benedictine Mary Reuter reveals the way she has grown into her own expanding heart by sharing engaging personal stories with which any one of us can easily identify. The words and stories discovered in *Running with Expanding Heart: Meeting God in Everyday Life* may be deceptively simple but they illuminate the ultimately mysterious nooks and crannies of the human soul and encourage us to attend to the Spirit gently moving through the moments of our ordinary days.

- Wendy M. Wright, PhD, Professor of Theology, Creighton University



**Sister Mary Reuter, OSB, Ph.D.**, is a member of Saint Benedict's Monastery, St. Joseph, MN where she served as prioress from 1989-1995. She has a Ph.D. in Formative Spirituality from Duquesne University, Pittsburgh, PA and currently is an Associate Professor of Theology at CSB/SJU where she teaches in the theology department, focusing on Benedictine spirituality and she teaches a First Year Seminar based on Benedictine values. Sister Mary is the director of *Companions on a Journey*, a program that supports women at the College of Saint Benedict in developing their spirituality.

Sister Mary's talk will be based on her 2010 book published by the Liturgical Press: *Running with Expanding Heart: Meeting God in Everyday Life*.



SAINT JOHN'S  
ABBEY

Collegeville, Minnesota

[www.saintjohnsabbey.org](http://www.saintjohnsabbey.org)

**Sunday at the Abbey** is a series of presentations on monastic culture, spirituality, and history. All sessions are free and open to the public.